

TREATMENT MENU



Rénew

treatment room

where the only stress is on relaxation..

Our treatment room is located on the first floor in the historic part of the house with gorgeous views of Rusheenduff Lake and the Atlantic Ocean.

A relaxing refuge in a stress-free zone.

PLEASE BOOK DIRECT BY EMAIL

✉ renewatrenvyle@gmail.com



Renvyle, Renvyle Peninsula, Connemara Loop, Co. Galway, H91 X8Y8.

SPA PACKAGES

Treat yourself or one you care for to an assortment of treatments - because investing a little 'kind' time in yourself, gives you the energy to invest in others.

FULL WELLBEING

Aromatic body scrub, Dermalogica facial, back and scalp massage.

€160 (120 mins)

TOTAL RELAXATION

Hot oil full body massage, mini prescriptive facial and a scalp massage

€130 (90 mins)

BODY BUFF & FACIAL

Body buff to exfoliate the skin, followed by a hydrating calming facial -

€90 (60 mins)

SCRUB WRAP & RUB

Full body buff with salt scrub, detoxifying Connemara Seaweed Wrap followed by a back massage.

€130 (90 mins)

REGENERATING BODY BUFF & FACIAL

Full body exfoliation with aromatic scrub and facial treatment to leave skin dewy and replenished.

€130 (90 mins)

SKIN THERAPY

Dermalogica Professional skincare products use non comedogenic ingredients, no alcohol or artificial colours. Innovative technology & cutting edge research produces a product that delivers the ultimate results in skincare.

HYDRO FACIAL

The ultimate in skin rejuvenation, targeting fine lines, aging, and dehydration, leaving the skin glowing and dewy.

€130 (90 mins)

AGE-SMART FACIAL

This helps to reduce signs of aging & improves stressed and tired skin. It is proven to stimulate collagen formation, improve firmness and tone.

€85 (60 mins)

AGE SMART FACIAL AND BACK MASSAGE

This treatment begins with a relaxing back massage. The facial reduces the signs of ageing, improves stressed and tired skin & promotes collagen formation.

€120 (80 mins)

HYDRATING FACIAL

Deeply hydrating facial for dehydrated skin, tightness and fine lines; double cleanse & exfoliation, hydrating booster, oxygenating serum, and essential oils of lavender and sandalwood to calm and hydrate the skin.

€85 (60 mins)

BODY THERAPY

Spa Body Therapy treatments have been embraced for their revitalising & therapeutic effects. These treatments detoxify your body & destress the mind.

WILD ATLANTIC WRAP

Full body scrub with salts to exfoliate dry skin & reduce water retention, followed by a seaweed wrap & concludes with a face & scalp massage.

€90 (60 mins)

CHOCOLATE & COCOA BEAN WRAP

Enjoy a full body exfoliation followed by a self-heating cocoa bean wrap for pure relaxation and a face & scalp massage.

€90 (60 mins)

LEMONGRASS & LIME SCRUB

Body scrub of organic lemongrass & lime to exfoliate dry skin & reduce water retention.

€60 (30 mins)

SEASONAL SALT SCRUB

Full Body Buff to leave the skin polished smooth & hydrated.

€60 (30 mins)

MASSAGE THERAPY

Reduce tension and relieve everyday stress. Our massage therapists will restore a sense of wellbeing with a customised combination of massage techniques.

SWEDISH MASSAGE

Full body stimulating massage designed to ease tension in the muscles.

€90 (60 mins)

HOT STONE MASSAGE

Full body massage using hot basalt stones and a blend of aromatherapy oils to melt away aches and pains.

€95 (60 mins)

AROMATHERAPY MASSAGE

Full Body Massage using pure essential oils to soothe the mind & body.

€90 (60 mins)

REFLEXOLOGY TREATMENT

An ancient technique that stimulates pressure points on the feet to re-balance the body's energy.

€80 (55 mins)



SPA ETIQUETTE

RESERVATIONS

Please book your desired treatment at least 48 hours in advance, as we do not wish to disappoint. A credit card number will be required at the time of booking for a confirmed appointment.

Please arrive 10 minutes prior to your scheduled treatment time. A late arrival will result in a shortened treatment time for you.

CANCELLATIONS

24 hour cancellation policy is required to help reschedule your appointment subject to availability. Any cancellation less than 6 hours will incur a 50% cancellation fee.

A full fee will be charged for no show appointments.

SCAN TO SHOP DERMALOGICA:
FREE SHIPPING & FREE GIFT
WITH PURCHASE



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